From: Squash Wales info@squash.wales

Subject: Latest news and support for Squash Wales members

Date: 29 January 2021 at 13:05
To: jimtunley@gmail.com



View this email in your browser



Latest news and support 29.01.2021

Covd-19 Update

Further to the Welsh Governments announcement today Friday 29th January 2021 Squash Wales reiterate that no Squash activities are allowed to take place as Wales is still under Level 4 lockdown. This will remain in place until the next review on 19th February 2021. For further information or details please see the Welsh Government website here.

Adults Virtual Training Session

We will be holding an Adult Virtual Session on Monday 1st February 2020 at 7pm. Details have been emailed out to our members. If you don't have the link to join, please email info@sqaush.wales

Next Referee Webinar – Thursday February 4th

Our next webinar in conjunction with England Squash will take place next Thursday (4th February) from 7pm to 8:30pm via Zoom. As has been with the previous webinars, a match will be selected and World Referees Roy Gingell and John Massarella who will discuss the pertinent points after you have had chance to review some decisions and place your votes in the

online poll.

Please do take the time to sign up to the first webinar of the year by clicking here. Once you have signed up to the webinar you will receive an automated response with the meeting link, ID and password.

New Online Resources for Players & Coaches

Have you seen the new Physical Training and Coaches Resources now on the website? have been created to give our members access to all the latest training support to aid their continued development.

Players click here

Coaches click here

Virtual Training Timetable click here

If you have any ideas on what you would like to see uploaded please email info@squash.wales



Re Active Wales Fund

Squash Wales' Regional Development Officer, Sarah Jones is available to help clubs apply for the funding. If you would like help, please contact her on **07827876600** or via email at sarah.jones@squash.wales

Sport Freelance Fund

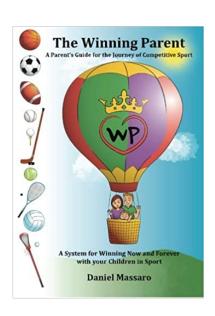
Phase 2 of the Sport Freelancer Fund will open on Thursday 21st January 2021. There have been 2 key changes made in order to provide more support to freelancers in Wales.

- 1. The grant will increase to £2,500 (with those successful in phase one automatically being considered for an additional £1,000).
- 2. Widening of the criteria which means more people will be eligible.

Full details can be found here

Winning Parent

Squash Wales are in the process of finalising dates that will give our members the fantastic opportunity to join a webinar lead by Danny Massaro author of the book "The Winning Parent" which is a parent's guide for the journey of competitive sport. Danny is a sports psychologist who has also coached squash at various levels. Danny is also coach/husband to 2x British Open and World Champion Laura Massaro. Please keep a look out for the dates.



Squash Wales seeks a new Regional Development Officer – North Wales

An exciting opportunity has arisen to join the Squash Wales

team. We currently have a vacancy for a North Wales Regional Development Officer. Full details and how to apply can be found on our website <u>here</u>.

Squash Wales are here to support our members during these difficult times.

Please get in touch with us if you have any concerns or questions.

Please distribute this email to all your members within your club.

Copyright © 2021 Squash Wales, All rights reserved.
You are receiving this email because you opted in via our website.

Our mailing address is:

Squash Wales Sport Wales National Ctr Sophia Gardens Cardiff, South Glamorgan CF11 9SW United Kingdom

Add us to your address book

Want to change how you receive these emails? You can <u>update your preferences</u> or <u>unsubscribe from this list</u>.

