

Wrexham Squash

April 2003

North Wales junior squash pathway to future excellence

Useful Contacts

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When can the Juniors play at Phoenix Squash Club ?

At any time on the day, subject to availability, booking through NEWI.

All juniors are reminded that it is a condition of membership that you are accompanied by an adult and that goggles are worn during play.

Enjoy your games but please do look after your Club and ensure all lights are turned off and the Club is secure before you leave.

Note - membership numbers must be quoted for all bookings and cards produced on request by any member.

Organisational changes are being made in North Wales squash from April 2003 which are fully supported by Wrexham Squash in looking to a programme of continuous development and excellence for juniors.

The Centre of Development will return to the Phoenix Club from **Wednesday, 30th April**, to be known as the **Centre of Local Development (COLD)**. This is an important change which will mean that juniors selected, from the age group up to age 13 years, will join one of three squads of four players for a one hour fairly intensive session with a qualified coach. It is anticipated the juniors will benefit from this type of emphasis in small groups.

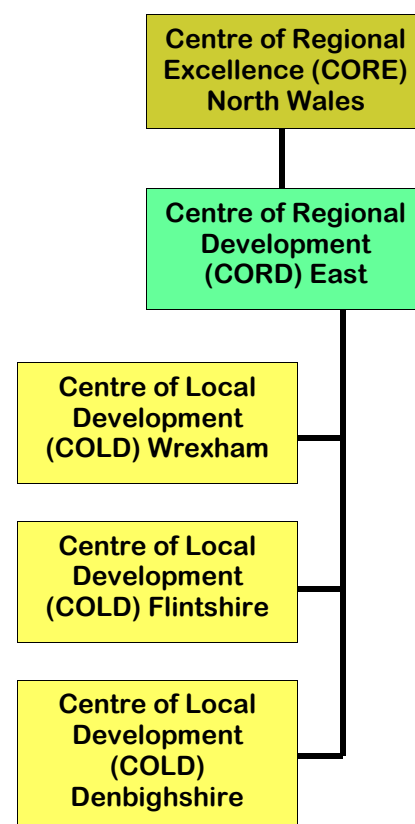
For players who are making the grade in North Wales from the 14 to 19 age group, there may be the opportunity for them to progress into the **Centre of Regional Development (CORD)**.

The CORD will take the better players from each COLD in East North Wales (Wrexham, Flintshire and Denbighshire) as part of a higher level coaching programme.

Players at this grade who show potential may develop further into an elite squad to be known as the Centre of Regional Excellence (CORE) which bring together the best payers from the East and West CORDs.

The Structure and Pathway for North Wales Junior Squash in 2003 will be co-ordinated by

William Griffiths, as follows:



With this new structure in place, it is now our intention to work to compliment this through the Club Night and through a new arrangements for the older age group, including a North Wales Junior League. It is also hoped that in the 2003/4 season we may start to integrate some of the older juniors into the senior teams playing in the North Wales League.

The New Centre of Local Development will commence on 30 April, with a reduced coaching fee of £2.75 per session— individuals eligible will be notified direct.

Girls in Sport

With support from Jo Clay at Wrexham Borough Council, we are pleased to be associated with the Girls in Sport initiative that will encourage Year 10 students from the St Davids and Groves High Schools to try squash. The students will take part in a four week short course as part of their curriculum, based at Phoenix, during the school day. If they enjoy the experience, who knows they could be future members of Wrexham Squash and possibly the Ladies Team !



Wrexham Squash members following the friendly match with Le Sport Juniors at Colwyn Bay—December 2002

Wrexham Squash — Tournament Update

Newport Open January 2003: Congratulations to John Evans who won the Under 13 Plate Competition and to Hannah Davies and Llinos Evans who finished 3rd & 4th in the Under 11 age group—a superb result .

Welsh Open March 2003: Jamie and Adam Holland played in the Under 17 & Under 15 sections and performed extremely well against opposition from the UK, Europe and South Africa. Jack Whelan reached the ¼ Final of the Under 15 plate competition - his results in this section are likely to place him in the Welsh rankings. Jack is possibly the most improved player at the club over the last few months, a position achieved through hard work. Congratulations and keep it up Jack ! Hannah Davies finished 3rd in the Under 11 girls — Hannah should have reached the final having been 2 games to 1 up and 5 – 0 up in the 4th game. Excitement took over and she lost 3-2 !

Maesteg Open March 2003 – Hannah Davies performed very well again to finish as runner up in the Under 11 girl's event.

Tournaments to look out for –

North Wales Regional – 16th/17th/18th June at Saints Squash Club, Colwyn Bay

Bethesda Open – 30th/31st/1st June at Bethesda Leisure Centre

Forms will be available in due course. These are good junior competitions so please do make every effort to participate; this is a sure way to improve your squash and promote your club, Wrexham Squash.

♦ A North Wales Under 15 League started in March. We have two teams of 3 players participating against teams from the Flintshire and Gwynedd areas. This league will benefit the up and coming players and no team can play a national standard or Centre of Excellence player. Results will follow in a later edition of the newsletter.

♦ To expose our juniors to competition we have played a number of friendly matches and this will continue. Wrexham Squash have recently played against Holywell, Bethesda, Saints with some very encouraging performances.

♦ A reminder, the Centre of Local Development programme (COLD) will start on Wednesday 30th April back at Phoenix Squash Club with three sessions. Forms have been circulated. On the same evening there will also be an Improvers group and an Advanced 1 & Advanced 2 group .